

Who are we?

We are a team of **Physiotherapists** and **Exercise Physiologists** who offer mobile rehabilitation services across South Brisbane, Logan, the Gold Coast, and now Beaudesert.

What do we offer?

We utilise local pools and gyms to offer both hydrotherapy and gym based rehabilitation. **We specialise in Workcover and CTP claims** and have well over 15 years experience. We work closely with our patients to provide the most effective evidence based programs tailored to target their individual needs/injuries.

Refer to the back for a list of current pools and gyms

What makes us different?

We are passionate about our work and genuinely care for our clients. Over the last few years, our patients have completed surveys after their discharge, and we are proud to say our rating remains well over **98% satisfaction**. We are also constantly expanding our treating locations to best facilitate our clients, offering convenient and tailored care.

Why strength training?

Strength training has been shown to be highly effective in the rehabilitation and management of musculoskeletal injuries, and there is substantial evidence supporting its role in both recovery and prevention. Research has demonstrated that strength training can help improve muscle function, restore joint stability, and reduce pain associated with musculoskeletal conditions.

What to do next?

Give your patients our handout and complete a referral using the pads provided. These can be emailed to us, alternatively, you can submit the referrals through our website if preferred. We will then get in touch with the patient and begin the process of getting them into our system. It is also routine for us to send the treating doctor regular updates to ensure everyone is on the same page.

Thank you for your time and we hope to be working with you in the future!





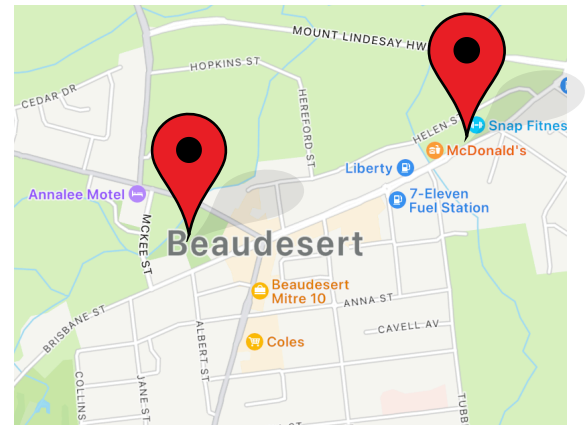
Locations:

Pools:

- Beaudesert Swimming Pool
54a Brisbane Rd, **Beaudesert**

Other facilities we use:

- Pimpama Sports Hub
139 Rifle Range Rd, **Pimpama** QLD 4209
- Logan North Aquatic Centre
2 Sports Dr, **Underwood** QLD 4119



Gyms:

- Snap Fitness Beaudesert - 124/134 Brisbane St, **Beaudesert** QLD 4285

Other facilities we use:

- Pimpama Sports Hub - 139 Rifle Range Rd, **Pimpama** QLD 4209
- Planet Fitness Bethania - 8 Fletcher Rd, **Bethania** QLD 4205

*We also service the Gold Coast, Logan and Brisbane areas.
Contact us for further information.*

Contact Details:

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